# Cruises



Every once in a while, you should take some time off to relieve yourself from everyday stress, tension, physical and also mental tiredness. Treat yourself to a journey, a "getaway" from reality specifically tailored to your needs and return more rested, more radiant, more beautiful, more... you!

Tailor-made cruises specially designed to suit your needs!

Each one of our cruises has been designed with care to offer you a tailor-made experience that tends to your individual needs. You can choose among a Relaxing Cruise, a Rejuvenation Cruise, a Beauty Cruise, or a Weight Loss Cruise.

To make this an unforgettable experience, we offer you the opportunity to design it according to your needs by combining the experiences you desire. All you have to do is choose the type of cruise and decide which experience\* you would like to enjoy once, twice or three times during your cruise!

<sup>\*</sup> For example, if you wish to take our Beauty Cruise, you can choose to enjoy Experience 1 twice, and opt for experience 2 or 3 for your third day!

## **Relaxing Cruise**

#### Experience 1

165 ( 80')

- 1. Cretan Herbs Experience
- **2.** Anti-stress Massage

#### 3. Relaxing Body Oil

The relaxing experience lasts longer with our Relaxing Body Oil containing lavender essential oil, which relieves from tension, muscular aches and brings harmony to all your senses.

#### Experience 2

€ 185 (\) 80'

- Tailor Made Massage
- 2. Face, Neck & Back Massage
- **3.** Aloe Vera Experience

#### 4. Eye & Lip Area Cream

Keep expressions of tension away and bring out the beauty of your eyes and lips with our Eye & Lip Area Cream, containing pomegranate oil and hyaluronic acid.

### Experience 3

© 215 () 90'

- 1. Back, Neck & Scalp Massage
- **2.** Hydrating Face Massage

#### **3.** Face Cream with Hydrating Factors

Maintain the radiance of a truly rested complexion with our Face Cream with Hydrating Factors, rich in moisturising ingredients such as organic olive oil and avocado oil.

## Rejuvenation Cruise

#### Experience 1

€ 210 () 95'

- 1. Cretan Herbs Experience
- 2. Cretan Massage
- 3. Body Scrub with Cretan Herbs

Treat yourself to the ultimate revitalisation experience with our Body Scrub with Cretan Herbs such as dictamnus and sage, which will remove dead skin cells and leave your skin so soft like velvet.

#### Experience 2

€ 195 (1) 90'

- 1. Deep tissue Massage
- 2. Face, Neck & **Back Massage**
- 3. Eye & Lip Area Cream

Tone the area around your eyes and lips even more by using our Eye & Lip Area Cream, rich in amino acids, proteins, vitamins, omega 3-6 fatty acids and caffeine.

### Experience 3

€ 190 (\) 85'

- 1. Ancient Greek 2. Foot Massage
- 3. Relaxing Body Oil

Boost the revitalising experience with our Relaxing Body Oil with grape oil and vitamin E, which enhance skin elasticity, and allow the beneficial properties of lemon oil to offer you deep regeneration.

Massage

### **Beauty Cruise**

### Experience 1

- 1. Black Lava
- 2. Foot Massage
- **3.** Aloe Vera Experience
- 4. Sunscreen Face & Body Cream 30 Spf

Maintain your face and body's youthful appearance with our Sunscreen Face & Body Cream 30 SPF with organic olive oil and aloe vera and endow yourself with optimal protection from the harmful effects of UVA/UVB rays.

#### Experience 2

€ 225 () 90'

- Ice Effect Massage
- **2.** Rejuvance Massage
- 3. Face Serum with Anti-age Actives

Have time treat you as you deserve with our Face Serum with Anti-age actives and hyaluronic acid. Smooths away all expression wrinkles and immediately restores your skin's radiance, stimulating the production of collagen and elastin.

### Experience 3

€ 265 () 95'

- Kobido Face Massage
- 2. Tailor Made Massage
- **3.** Face Cream with Anti-aging Factors

Bring out the beauty and radiance of your face with our Face Cream with Anti-aging Factors with organic olive oil and saffron, known for their rich antioxidant and anti-aging properties.

## Weight Loss Cruise

#### Experience 1

- 1. Cretan Herbs Experience
- 2. Tailor Made Massage
- **3.** Aloe Vera Experience

#### 4. Body Sculpture Serum

Sculpt your body's firmness with our Body Sculpture Serum enriched with artichoke extract, which helps smooth out orange-peel skin and lose inches. You can combine the serum with any of the other products of the weight-loss cruise to maximize results.

#### Experience 2

€ 165 (b) 70°

- Body Sculpture
  Foot
  Massage
  Massage
- 3. Relaxing Body Oil

Boost your skin's elasticity with Relaxing Body Oil enriched with organic olive oil and almond, jojoba, and avocado oils known for their deep moisturising properties for a velvety skin, soft as a feather.

### Experience 3

- Body Sculpture 2. Mud Renewal Massage
- 3. Body Scrub with Cretan Herbs

Enhance your skin's regeneration with our Body Scrub with Cretan Herbs, which removes dead skin cells with the power of Cretan nature. Activates blood stimulation and leaves your body feeling smooth and silky.

